

How can I join this Program?

Here's what you should do...

- 1 Call toll-free **1-877-852-2585** to find a clinic near you, or ask your clinic if it is part of the **Breast and Cervical Cancer Early Detection Program**.
- 2 Set an appointment with the clinic.
- 3 Get your well-woman exam once a year.

How long can I stay in this Program?

As long as you continue to meet the BCC Program eligibility guidelines, you can get a well-woman exam at **no cost** every year!

What if I need treatment?

If you are diagnosed with breast or cervical cancer while enrolled in the BCC Program, you may be eligible for Breast and Cervical Cancer Medicaid or other resources for support.



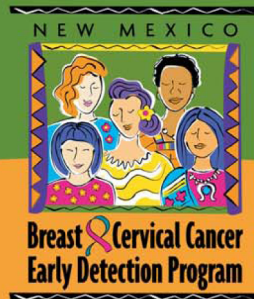
Find Out TODAY If You're Eligible for a Well-Woman Exam!

Call 1-877-852-2585

This is a bilingual information line.

WWW.CANCERNM.ORG

The New Mexico Breast and Cervical Cancer Early Detection (BCC) Program is a cooperative effort of the US Centers for Disease Control and Prevention, State of New Mexico, and healthcare partners to encourage screening for breast and cervical cancer.



5301 Central Avenue NE • Suite 800
Albuquerque, NM 87108

NEW MEXICO
DEPARTMENT OF
HEALTH

September 2008

A Well-Woman Exam Could Save Your Life



Get Your Annual Well-Woman Exam

No cost to women who are eligible!

What does this Program offer?

Well-woman exams at **no cost** every year for women who are eligible for the Program.

What is a well-woman exam?

A well-woman exam is a yearly checkup that includes screening for breast and cervical cancer. When breast cancer is found early, the chance of surviving for at least five years is 98%. When cervical cancer is found early, the chance of surviving for at least five years is 92%.

That is why it is so important to get your well-woman exam **EVERY YEAR!**



Who can get a well-woman exam?

Women who...

- Are age 30 or older
 - Have little or no health insurance
 - Have a low income
- Call **1-877-852-2585** for more information.

What is included in a well-woman exam?

A well-woman exam includes...

- **Clinical Breast Exam (CBE)**
- **Pelvic Exam**
- **Pap Test**
- **Mammogram** (every two years for women 40-49, yearly for women 50 and older, or when medically indicated)
- **Some Additional Breast and Cervical Tests, if needed**

Call our bilingual toll-free number:

1-877-852-2585

Is cancer common in New Mexico?

In New Mexico, each year, it is estimated that...

1,100 women will be diagnosed with breast cancer

220 women will die of breast cancer

70 women will be diagnosed with cervical cancer

Fewer than 30 women will die of cervical cancer

Remember...Your Best Protection is Early Detection!



Spila regional
cancer center
Call for an appointment
575/538-4009