SENIOR RESOURCE DIRECTORY

Grant County, NM 2011



(575) 388-1198 www.gcchc.org

New Mexico Hotline

New Mexico Aging and Long-term Services Resource Center

1-800-432-2080

They help with:

- Benefits counseling. Medicare prescription drug counseling, Social Security, Medicaid, Medicare and Veteran's benefits.
- Registration for CoLTs Waiver and Mi Via waiver.
- Prescription drug assistance.
- Community services. Independent living centers, legal services, homemaker assistance, senior centers, transportation and home delivered meals.
- Housing/Facility inquiries. Home modifications, assisted living and long-term care facilities.
- Caregiver resources. Respite care support groups and other caregiver resources.
- Adult Protective Services Intake

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NOTE: SW New Mexico Area Code is 575

BENEFITS AND ASSISTANCE PROGRAMS:

AGING & LONG – TERM SERVICES RESOURCE CENTER

Toll Free: 1-800-432-2080

Statewide help line providing information on public benefits & prescription drug program. Information on Medicaid, Medicare, supplemental income, and prescription drug programs, etc. See inside of front cover

ALZHEIMER'S ASSOC. RESPITE REIMBURSEMENT PROGRAM

Helpline: 1-800-272-3900 Phone: 575-647-3868

Provides financial assistance to primary caregivers affected by Alzheimer's disease or other related dementias. Simple application, eligibility not income based, up to \$300 a year. Inquire about the once in a lifetime offer of a \$1,000 reimbursement.

AMERICAN RED CROSS

1301 E. Griggs Las Cruces, NM 88001 Phone: 575-526-2631

Provides disaster preparedness, response and recovery. Health and safety services such as CPR training. Emergency communications between armed forces and their families (1-800-951-5600).

COMMUNITY ACTION AGENCY

3880 Foothills Rd. Suite 1 Las Cruces, NM 88011 Toll Free: 1-800-657-8967

Phone: 575-523-1639

Provides weatherization assistance

ENERGY SENSE PROGRAM, GRANT COUNTY

Joint Office of Sustainability 3031 Hwy 180 East P.O. Box 1188 Silver City, NM 88062

Phone: 654-5117

Free low-cost energy retrofits (weatherization). Window caulking, weather stripping, clothesline, CFL light bulbs, low flow showerhead. Not income based.

FAMILY SUPPORT CENTERS

HMS FAMILY SUPPORT SERVICES 110 W 11th St

Silver City, NM 88061 Phone: 534-0248

Referrals to agencies that provide services for food, rent, Medicaid enrollment, sliding scale enrollment for HMS clinics, enrollment for Grant County Health Plan and much more. Call for contact information for Bayard, Cliff/Gila, and Mimbres locations.

GOSPEL MISSION

111 S. Texas Silver City, NM 88061 Phone: 388-5071

(Gospel Mission cont' on next page...)

Hours: Monday through Friday 8:30 a.m. − 2 p.m.

One meal served daily Monday through Friday from noon to 1 p.m. Limited clothing distribution available. Commodities are available the third Thursday of the month, 1-2:30 p.m. Prior registration required with proof of income, residency, and photo ID. Must reregister once a year. By filling out a consent form, homebound individuals may have a friend do the pickup. In addition, a food bag is available once a month. Women and children's shelter when available.

GRANT COUNTY HEALTH PLAN

Grant County Administration Building 1313 E. 32nd St. Registration Office #2

Silver City, NM 88061

GCHP Coordinator Phone: 538-4180

Phone: 574-4989

Toll Free: 1-866-574-4989

Assistance with hospital bills for people with or without insurance, including co-payments when eligible. Bilingual assistance available.

INCOME SUPPORT DIVISION

State of New Mexico Human Services Department 3088 32nd St. Bypass Suite A Silver City, NM 88061

Phone: 538-2948

Toll free: 1-800-331-7311

See Resource Guide at: www.state.nm.us

(Income Support cont' on next page...)

Financial eligibility and application for food stamps, Medicaid (nursing home care and in-home care), general assistance for the disabled, and applications for Low Income Home Energy Assistance Program (LIHEAP). (See page 40)

MEDICAID MANAGED CARE PROGRAMS

The New Mexico Human Services Department provides a choice between 2 companies for the management of all services available to Medicaid recipients. For information call:

Amerigroup

Toll Free: 1-800-600-4441 www.myamerigroup.com

Evercare

Members: 1-877-702-5110

Prospective members: 1-888-834-3721

Local contact: 534-9026 www evercare com

MEDICARE NATIONAL HOTLINE

Toll Free: 1-800-633-4227

Helps with questions on Medicare eligibility and prescription drug plans. Recommend calling during off hours for better response time.

PUBLIC REGULATION COMMISSION

1-888-427-5772

www.nmprc.state.nm.us

Assists with complaints about insurance, utilities, transportation, telecommunications. Also distributes application for telephone assistance programs.

SENIOR PROGRAMS, GRANT COUNTY

Administrative Office P.O. Box 898, 2610 N. Silver Silver City, NM 88062

Phone: 388-2523

Administers a variety of senior programs, such as Home Delivered Meals (See page 33), Senior Centers (See page 34) and Transportation (See Page 38).

SOCIAL SECURITY ADMINISTRATION

2141 Summit Court Las Cruces, NM 88011

Phone: 575-523-0771, 1-800-772-1213

www.ssa.gov

Retirement, disability, and supplemental security income.

ST. FRANCIS ASSOCIATES/NEWMAN CENTER

914 W. 13th St. Silver City, NM 88061

Phone: 538-3662

Assistance with rent, utilities, food, gas, and prescription drugs to individuals who meet criteria. Maximum of \$100 assistance is limited to once a year, second and fourth Saturdays of the month 8 a.m.

ST. VINCENT DE PAUL CATHOLIC CHURCH

420 W. Market St. Silver City, NM 88061

Non-perishable food, assistance with utilities and rent.

Phone: 538-9373

DISABILITIES PROGRAMS:

HANDICAP LICENSE PLATES AND PLACARDS

Applications at State Motor Vehicle Division (MVD)

1876 Hwy 180 East (next to J.C. Penney's) Silver City, NM 88061

Phone: 538-3281

800 Central Ave. (City Hall) Bayard, NM 88023

Phone: 537-5313

Applications on line: www.onlinedmv.com Select New Mexico, forms, form # MVD10382

LIFE QUEST

907 N. Pope St. Silver City, NM 88061

Phone: 388-1976

E-mail: lifequest@lifeequestnm.org

www.lifequestnm.org

Employment, housing, and day habilitation for developmentally disabled adults.

PERSONAL CARE OPTION PROGRAM (MEDICAID)

NM Aging and Long Term Services

Toll Free: 1-866-451-2901

The PCO program offers a range of services to consumers who are unable to perform some or all activities of daily living because of a disability or functional limitation and is available to qualified individuals 21 years of age or older who are eligible for full Medicaid coverage.

VETERAN'S SERVICES, NEW MEXICO DEPT.

Reggie Price, Officer 409 W. College Ave. Silver City, NM 88061

Phone: 538-2377

Assistance in applying for all state and federal veteran benefits.

EDUCATION:

ADULT EDUCATIONAL SERVICES (WNMU)

500 E. 18th St. Silver City, NM Phone: 574-5101

GED, ESL, citizenship, computer classes. Call for additional offerings.

BOOKS BY MAIL-RURAL SERVICES

NM State Library

Toll Free: 1-800-395-9144 www.nmstatelibrary.org

Free book lending services for rural, homebound or visually impaired residents of New Mexico.

HEALTHREACH EDUCATION

Gila Regional Medical Center 1313 E. 32nd St. Silver City, NM 88061

Phone: 538-4826

E-mail: healthreachinfo@grmc.org

(Healthreach cont' on next page...)

Provides in-patient and outpatient education services. Current outpatient offerings include classes for diabetes education and individual diabetes education. HealthReach staff includes Certified Diabetes Educators (CDEs) with experience in managing the needs of persons with chronic disease. Has registered dietician.

LA VIDA DIABETES RESOURCE CENTERS (HMS)

Phone 534-0248

Toll-free 1-888-LAVIDA5 (1-888-528-4325)

Free diabetes educational classes, resource center, and referrals available at HMS Family Support Centers in Bayard, Cliff/Gila, Mimbres, Silver City and Lordsburg.

LIBRARY, GRANT COUNTY COMMUNITY HEALTH

3031 Hwy. 180 East

Silver City, NM 88061 Phone: 388-1857 Ext. 11

Reliable health information. Includes a variety of material on cancer prevention, diagnosis and treatment. Computers with internet access available.

SMOKING CESSATION CLASSES

Phone: 534-0248

One-on-one mini-classes for those trying to stop smoking. Group classes also available. Available at HMS Family Support Centers in Bayard, Cliff/Gila, Mimbres and Silver City.

WESTERN NEW MEXICO UNIVERSITY

1000 W. College Ave Silver City, NM 88061

Phone: 538-6011

Toll Free: 1-800-872-9668

www.wnmu.edu

Offers discounts to seniors over 65. College classes are \$5 per credit hour for tuition. All other fees apply.

WESTERN INSTITUTE FOR LIFELONG LEARNING (WILL)

1000 W. College Ave P.O. Box 680-487 Silver City, NM 88061 Phone: 538-6835 www.will-learning.com

Designs and offers a variety of innovative, interesting and challenging courses for those over 50. (All ages welcome). A fee of \$75 per year allows a member to take as many courses as desired. Many free programs are open to the public.

EMERGENCY:

ADULT PROTECTIVE SERVICES (ALTSD)

3082 32nd St. Bypass Suite B Silver City, NM 88061

Phone: 534-0832

To make a report: 1-866-654-3219

Investigation and services provided on reports of abuse, neglect, and exploitation of vulnerable adults. 1-866 number used to initiate investigations or report abuse.

EL REFUGIO

800 S. Robert St. Silver City, NM 88061

Phone: 538-2125

Toll Free: 1-888-538-2125

Email: moralesloeblm@elrefugio.inc.org

Shelter, counseling, legal advocacy and education for victims of domestic violence. Classes offered for offenders.

NEW MEXICO POISON/DRUG INFORMATION

Toll Free: 1-800-222-1222

SEXUAL ASSAULT SUPPORT SERVICES (SASS)

Phone: 313-6203 Monday – Friday 9am-5pm After hours hotline: 1-800-426-0997

Provides crisis intervention along with advocacy and support for family and friends, information and referrals.

SUICIDE PREVENTION

Phone: 538-3488 or 1-800-426-0997

EMPLOYMENT:

DIVISION OF VOCATIONAL REHABILITATION (DVR)

1622 E. PINE

Silver City, NM 88061

Phone: 538-5351

Assists individuals with disabilities who want to get back to work.

SILVER CITY WORKFORCE CONNECTION CENTER (DEPT. OF WORKFORCE SOLUTIONS)

410 W. Broadway Silver City, NM 88061 Phone: 575-538-3737 www.dws.state.nm.us www.employnm.com

Testing and assessment, resume assistance, training assistance, employment counseling, and assistance with job placement. Information on unemployment benefits. Day laborers available. Business driven.

EXERCISE:

ACTIVE AND ALIVE

Gila Regional Billy Casper Wellness Center Phone: 538-4844

Exercise classes through the Billy Casper Wellness Center. Walking, line dancing clubs and other fun activities for those with limited mobility. Available in Silver City and Bayard. All activities free.

FOREST SERVICE HIKING AND OUTDOOR ACTIVITIES (U.S. GOVERNMENT)

Phone: 575-388-8201 Email: pvalencia@fs.fed.us

Call for information for the Gila National Forest.

GILA REGIONAL BILLY CASPER WELLNESS CENTER

300 16th St.

Silver City, NM 88061 Phone: 538-4844

Community state-of-the-art and well-maintained gym offering certified and experienced staff providing exercise guidance, personal training, and group fitness classes. Open swim time and water aerobics classes in therapeutic pools. Massage Therapy sessions with techniques such as Reiki, hot rock and cranial sacral.

SENIOR OLYMPICS

Phone: 388-2523 Ext. 13

Sporting events from A to Z for age groups 50 to 100 years old, track events, talent shows, and games such as archery, air guns and bowling. Practice all year for a chance to go to state competition in late summer.

WNMU RECREATION/EDUCATION

Phone: 538-6161

Senior lap swim, water aerobics.

Yoga instructor: Diane Grant 590-1775.

Call for times and fees.

OTHER HEALTH CLUBS AND FITNESS:

SEE YELLOW PAGES

HEALTH CARE:

BORDER AREA MENTAL HEALTH SERVICES

315 S. Hudson St., Suite 6 P. O. Box 1349 Silver City, NM 88062

Phone: 388-4412

Toll Free: 1-800-426-0997

Counseling and mental health services. Alcohol and substance abuse treatment program. Day program dedicated to recovery (New Beginnings).

Comprehensive Community Support Service (CSW) can offer mentors or coaches to assist with understanding services such as social security issues, advance directives and other legal issues. Private pay, Medicaid, and sliding scale.

BREAST & CERVICAL CANCER SCREENING PROGRAM

Toll Free: 1-877-852-2585

Provides free annual health exams to women over 30 who meet requirements. The well-woman health exams include PAPs and mammograms. Follow-up biopsy studies are also covered under this program.

DEAF & HARD OF HEARING STATE COMMISSION

Toll Free: 1-800-489-8536

Phone: 575-525-1037 (Las Cruces)

TTY: 575-525-1027 www.cdhh.state.nm.us

Provides education, advocacy and various programs for New Mexicans.

DENTAL SERVICES, DONATED

Toll Free: 1-866-263-0671 www.nmdentalfoundation.org

A program for New Mexicans that serves low-income people who are permanently disabled or are 60 years old and above. Call for availability.

EYE CARE AMERICA

877-887-6327

On-line only: www.eyecareamerica.org

<u>Free eye exam</u> with follow-ups for one year for seniors 65 years and older who have not seen an eye doctor for 3 years or more and who have no insurance through HMS or the VA. Will not pay for glasses, prescription or hospital fee.

FORT BAYARD MEDICAL CENTER/STATE VETERAN'S NURSING HOME

42 Ft. Bayard Rd.

P. O. Box 293

Santa Clara, NM 88026

Phone: 537-3302

Toll Free: 1-800-541-6966

Skilled nursing, intermediate and long-term care facility. Contact Adrian Duran, 537-8636.

GILA REGIONAL MEDICAL CENTER

1313 E. 32nd St.

Silver City, NM 88061

Phone: 538-4000

Patient Advocate, Jesse DouBrava: 538-4026

(GRMC cont' on next page...)

A not-for-profit county-owned acute care hospital and surgical center – inpatient services include: emergency room, ambulance, critical care unit, obstetrics, and newborn nursery, 24-hour laboratory services, radiology, digital mammography, MRI, CT scan. Nuclear medicine, respiratory therapy, physical therapy, lithography, non-invasive cardiology, sleep lab, outpatient infusion services, inpatient and outpatient surgery, inpatient behavioral health unit, discharge planning, social services, Courtyard Café, and cancer treatment center.

GOSPEL MISSION

114 S. Texas P. O. Box 5198 Silver City, NM 88061 Phone: 388-5071

Medical services: Free medical clinic first Monday of the month from 7 to 8 p.m. for those in need.

HEAR NOW

6700 Washington Ave. S Eden Prairie, MN 55344 Toll Free: 1-800-648-4327

The Starkey Hearing Foundation provides hearing aids to those with very limited financial resources. Eligibility includes U.S. residency, income and asset guidelines, and an application process. Call for more information. (Automated)

HIDALGO MEDICAL SERVICES

A non-profit community health center organization that provides health care services to southwest New Mexico. Provides sliding-scale fee reduction to qualifying individuals. The individual must bring proof of income and other documentation to qualify for sliding scale fee.

HMS - Med Square Clinic/Dental

114 W. 11th St.

Silver City, NM 88061

Phone: 388-1511

HMS- Bayard Community Health Center

805 Tom Foy Blvd. Bayard, NM 88023 Phone: 537-5068

HMS - Cliff/Gila

411 State Hwy 211 Gila, NM 88038 Phone: 535-4384

HMS – Mimbres Valley Clinic

2743-B Hwy 35 N./P.O. Box 358 Mimbres, NM 88049

Phone: 536-3990

HMS – Copper Medical

3185 Leslie Rd.

Silver City, NM 88061 Phone: 388-3393

HMS - Mental Health Services

301 W. College St Suite 16 Silver City, NM 88061 Phone 313-8222

LIONS CLUB

P. O. Box 561 Silver City, NM 88062

Financial assistance for eye exams and eyeglasses to those who qualify. Contact your local eye care provider or Hidalgo Medical Services (534-0248) for application.

MEDICATION ASSISTANCE PROGRAM (MAP)

HMS Family Support Centers

1105 N. Pope Suite 2. Silver City, NM 88061 Phone: 534-0418

Hours: Friday 9 to 11 a.m.

Call HMS 534-0248 for additional locations in Bayard, Cliff/Gila, and Mimbres.

Silver Health Care

1600 E. 32nd St.

Silver City, NM 88061

Phone: 956-1330

Hours: Wednesday 9 to 11a.m.

Helps people with low income and no prescription insurance to apply for low or no cost prescription drugs. May be able to help with Medicare D questions.

NURSE ADVICE NEW MEXICO

Toll Free: 1-877-725-2552

Provides 24-hour, seven days a week line offering free and confidential call-in advice from highly qualified registered nurses for all your medical concerns.

PUBLIC HEALTH DEPARTMENT (NM HEALTH DEPT.)

2610 N. Silver St. Silver City, NM 88061 Phone: 538-5318

Services provided: vital statistics (birth certificates) and breast and cervical cancer program for qualifying seniors. During flu season will give flu shots.

VETERANS ADMINISTRATION SILVER CITY OUTPATIENT CLINIC

1302 E. 32nd St. Silver City, NM 88061 Phone: 538-2921

Primary and preventive care along with information and referral services to other VA facilities when necessary. Post Traumatic Stress Disorder (PTSD) counseling and assistance. By appointment only.

YUCCA LODGE (FORT BAYARD)

Phone 537-3465
Chemical dependency treatment, approx. 28 days.

HOME SAFETY:

EMERGENCY RESPONSE SYSTEMS

AlertOne 300 Series Communicators

Melinda's Medical Supply 910 E. 32nd St.

Silver City NM 88061

Phone: 534 4013

Wireless activated personal emergency response system available in both digital and voice communicators.

PROJECT LIFE SAVER

Contact: Chief Ed Reynolds Silver City Police Dept. 1011 N. Hudson St. Silver City, NM 88061 Phone: 538-3723

Electronic identification bracelets to help locate individuals at risk for wandering.

HOUSING

• NURSING HOME/ASSISTED LIVING

To report abuse/neglect/exploitation in nursing homes:

Department of Health Incident Reporting Hotline Toll Free: 1-800-752-8649

Ombudsman Services Phone 575-647-2023 Toll Free: 1-800-762-8690 www.nmaging.state.nm.us

Provides assistance with concerns or complaints about the care in nursing homes and assisted living facilities.

SANTA CLARA ASSISTED LIVING

300 D Ave.

Santa Clara, NM 88026

Phone: 537-3077

Contact: Al & Elizabeth Sircy

(Santa Clara Asst. Living cont' on next page...)

Provides 24-hour care, medication assistance, meals, and assistance with bathing and dressing, housekeeping, laundry.

FORT BAYARD MEDICAL CENTER/STATE VETERAN'S NURSING HOME

Long-Term Care and Rehabilitation Center

Phone: 537-3302

Toll Free: 1-800-541-6966 (See p. 18)

MILLIE'S ASSISTED LIVING

600 N. Hudson Silver City, NM 88061

Phone: 534-9172

www.milliescenter.com

Provides 24-hour care, respite care, medication assistance, meals, assistance with bathing and dressing, housekeeping, laundry.

SILVER CITY CARE CENTER

Skilled Nursing Facility 3514 N. Fowler Ave. Silver City, NM 88061

Phone: 388-3127

Provides long-term, skilled and rehabilitative services.

SUNSET VISTA - Assisted Living

3650 N. Fowler Ave.

Silver City, NM 88061

Phone: 538-9095

Provides 24-hour care, respite care, medication assistance, meals, assistance with bathing and dressing, housekeeping, laundry.

• INDEPENDENT LIVING

CANTADA CREEK

2850 Pinos Altos Rd. Silver City, NM 88061

Phone: 388-3004

Must be 50 years old or over. Spaces rented, owner occupied. Doublewide mobile homes.

PINON PARK

Rowland Development Company P.O. Box 2966 Silver City, NM 88062

Phone: 313-1700

A senior housing community for persons aged 55 and over. Located in Silver City -- one block north of 35th St and Mann Ave. Senior family homes for rent only beginning at \$995 per month.

• SUBSIDIZED HOUSING

BAYARD HOUSING AUTHORITY

P.O. Box 768

Bayard, NM 88023 Phone: 537-2296

70 units of public housing for elderly and low-income households.

CASA LINDA APARTMENTS

100 E. 17th St.

Silver City, NM 88061 Phone: 388-3755

(Casa Linda apts. cont' on next page...)

41 unit apartment complex designed exclusively for low income elderly (62 years and over), handicapped and/or disabled

HOUSING AUTHORITY - REGION V

2545 N. Silver St. P.O. Box 3015 Silver City, NM 88062

Phone: 388-1974

Housing for elderly and low-income households who qualify.

HOUSING AND URBAN DEVELOPMENT (HUD)

Santa Clara Housing Authority 214 N. Mineral Santa Clara, NM 88026

Phone: 537-3041

Public housing for elderly and low-income households. First preference to persons over 55 and /or disabled.

INFORMATION:

AARP

Toll Free: 1-888-687-2277 www.aarpnm.org Local Chapter #1496 – 388-2545

AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. Silver City group meets at the Senior Center, 205 West Victoria, on the 3rd Monday, 1 p.m. Annual free tax preparation assistance two months before the April 15 deadline. Call the Sr. Center @ 388-2545 for more information.

ALCOHOLICS ANONYMOUS (AA)

Phone: 388-1802

AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

SUNSHINE SENIORS NEWSPAPER

XYZ Publishing Co. HC 68, Box 60 D Silver City, NM 88061

Phone: 575-536-2297

E-mail: seniorlivingnewmexico@yahoo.com

Free monthly newspaper with information of interest to seniors. Available throughout 6 counties of Southwest New Mexico at more than 170 locations

IN-HOME CARE:

• HOME HEALTH & HOMEMAKERS

ANGELWINGS COORDINATED CARE

HC 61 Box 416 Glenwood, NM 88039

Phone: 574-0311; 575-539-2227 Toll Free: 1-866-808-8664

Homemaker services, respite. Private pay. Serving Catron and Grant Counties.

COORDINATED HOME HEALTH

1315 N. Pope St. Silver City, NM 88061 Phone: 388-0222

Homemaker services, Medicaid Personal Care Option and CoLTs and Private Pay. Serving Grant and Luna Counties

GILA REGIONAL HOME CARE SERVICES

Gila Regional Medical Center 1400 Hwy 180 E. Silver City, NM 88061 Home Health: 574-4948

Services include skilled nursing, wound care, post surgery care, IV therapy, ostomy teaching, catheter care, maternal/child care, medical social services, physical therapy, occupational therapy and home health aides. Accepts Medicare, Medicaid, private insurance or private pay. Financial assistance for those who qualify.

HELPING HANDS OF LINCOLN COUNTY INC.

P.O. Box 493

Capitan, NM 88316 Phone: 575-354-4291

Toll Free: 1-888-648-7915

Services include Medicaid Personal Care Option, homemaker care and private pay personal care. Serves Grant, Hidalgo, Luna and Catron Counties if no other care provider available.

HORIZON HOME HEALTH

1260 East 32nd St Silver City NM 88061

Phone: 388-1801

Toll Free: 1-888-388-1801

Services include Skilled Nursing, Physical Therapy, and home health aide assistance. Accepts Medicare, Medicaid, Private Insurance, and Private Pay. Financial assistance for those who qualify.

WE CARE AGENCY, INC.

Phone: 1-877-419-4300

Amerigroup, Evercare and private pay clients. Housekeeping, laundry, meal preparation and companionship.

• HOSPICE

GILA REGIONAL MEDICAL CENTER HOSPICE

1400 Highway 180 East Silver City, NM 88061

Phone: 574-4934

Toll Free: 1-877-775-9596

Provides a supportive team approach with skilled nurses, nurse aides, homemakers, respite care, grief counseling, and medical social services. Hospice volunteer training classes available.

HORIZON HOSPICE

1260 East 32nd St Silver City, NM 88061 Phone: 534-1800

Toll Free: 1-877-534-1801 (Horizon Hospice cont' on next page...)

Provides comfort care for terminally ill individuals in their own home. Services include experienced RNs, nurse aides, volunteers, homemakers, grief counseling, massage therapy, and music therapy. Provides medication for diagnosis and needed equipment.

LEGAL ASSISTANCE:

BETTER BUSINESS BUREAU OF THE SOUTHWEST

Toll Free: 1-800-873-2224

www.bbbsw.org

Provides information on companies and charities; mediates consumer complaints.

FRAUD

Investment & Securities Fraud

2550 Cerrillos Rd. Santa Fe, NM 87505

Toll Free: 1-800-704-5533 www.rld.state.nm.us/securities

Provides protection information from fraud and financial abuse.

LAW ACCESS NEW MEXICO

Toll Free: 1-800-340-9771

Attorneys answer questions for low-income New Mexicans with civil legal problems.

LAWYER REFERRAL FOR THE ELDERLY

State Bar of New Mexico Lawyer Referral for the Elderly Program P.O. Box 92860 Albuquerque, NM 87199

Phone: 505-797-6005

Toll Free: 1-800-876-6657

Provides legal advice, information, and referrals to New Mexico residents 55 years of age or older.

NEW MEXICO LEGAL AID

301 West College Avenue, Suite 17 Silver City, NM 88061 Toll Free: 1-866-224-5097 www.nmlegalaid.org

Represents low-income people. Offers legal advice regarding public benefits (cash assistance, food stamps, Medicaid, general assistance). Landlord/tenant problems.

MEDICAL SUPPLIES:

SEE YELLOW PAGES

NUTRITION RESOURCES:

COMMODITIES

The following are the distribution sites in Grant County for commodities. Prior registration is required. Proof of income, residency, and photo ID are required to register. Must reregister after 6 months. Call location for more information.

GOSPEL MISSION (Silver City)

Phone: 388-5071

Distribution usually third Thursday of each month. (See

page 5)

COPPER RIDGE FELLOWSHIP (Santa Clara)

Phone: 537-2224

Distribution usually the third Thursday of each month.

RIO MIMBRES BAPTIST CHURCH (Mimbres)

Phone: 536-9543

Distribution variable, usually Wednesdays. Emergency food also available. Call for details.

COMMODITIES (SENIOR)

Phone: 388-2988

Senior commodities are distributed every other month on the second Tuesday. Two locations: Santa Clara Armory from 10 a.m. – 12 p.m. (noon) and the Silver City Recreation Center from 1–3 p.m. Call for details, including eligibility requirements and deliveries to Mimbres or Gila Senior Centers.

FOOD CO-OP, SILVER CITY

520 N. Bullard

Silver City, NM 88061

Phone: 388-2343

Must be a Co-op member for delivery services. Groceries purchased will be delivered free if (Food Co-Op continued on next page...) homebound, elderly, or otherwise in need. Organic produce and bulk foods available. Orders should be placed by Tuesday by 5 p.m. Groceries are delivered Thursday between 12 p.m. (noon) – 4 p.m.

FOOD PANTRY (THE VOLUNTEER CENTER AND SILVER CITY FOOD CO-OP)

313 Texas St. and San Vicente Silver City, NM 88061

Phone: 388-2988

Food boxes and emergency food. First Saturday of each month, 10 a.m. - 12 p.m. (noon) and last Wednesday of each month, 4-6 p.m. Call for information.

FOOD STAMPS

(See Income Support Division page 7)

GOSPEL MISSION

Phone: 388-5071 (See page 6)

MEALS ON WHEELS (GRANT CO. SENIOR PROGRAMS)

Phone: 388-2523

Home-delivered weekday lunches are provided to persons 60 years and older who may qualify. Anyone meeting the criteria of being at-risk nutritionally, regardless of income, is eligible. Donations are encouraged.

ST. FRANCIS NEWMAN CENTER

914 W. 13th St.

Phone: 538-3662

Provides food for qualified people on Mondays at 4 p.m.

Supplies are limited.

ST. VINCENT DE PAUL CATHOLIC CHURCH

420 W. Market St. Phone: 538-9373

Non-perishable food for anyone needing help.

SENIOR CENTERS:

Provide congregate meals to persons 60 years or older. Reservations are required and donations encouraged. Also provide a place to socialize and participate in activities. Call the centers for more information.

GRANT COUNTY SENIOR PROGRAMS

Administrative Office

Phone: 388-2523 (See page 8)

SILVER CITY SENIOR CENTER

205 W. Victoria St. Phone: 388-2545

SANTA CLARA SENIOR CENTER

107 N. E St.

Phone: 537-5254

GILA SENIOR CENTER

403 Hwy 211

Phone: 535-2888

MIMBRES SENIOR CENTER

2620 Hwy 35 Phone: 536-9990

1 Hone. 330 7770

SUPPORT GROUPS:

ALZHEIMER'S/PARKINSON'S SUPPORT GROUP

Support group not available at time of publication but call the Health Council for information. 388-1198 (See p. 5 under Benefits and Assistance Programs for respite care reimbursements for caregivers.)

CANCER HOTLINE

1-800-227-2345

CO-DEPENDENCE ANONYMOUS

Phone: 388-2425

The support group for co-dependency and those recovering from it. Meets Wednesday evening at 6:30 p.m. at A Daily Practice, 104 N. Texas Street.

COMPASSIONATE FRIENDS

P.O. Box 4002 Silver City, NM 88062 Phone: 313-7362 tcfswnm@hotmail.com

A non-profit support group which offers friendship, understanding, and hope to grieving parents, siblings and grandparents after the loss of a child, sibling or grandchild of any age. Call for more information.

CORAZONES UNIDOS, CARDIAC SUPPORT GROUP

Phone: 590-2578 my96fx@hotmail.com

Support for those who have suffered a major heart event. Meeting every third Thursday of the month from 6–7 p.m. at the Board Room in Gila Regional Medical Center. 1313 E. 32nd St.

DESERT SAGES

Gila Regional Medical Center 1313 E. 32nd St. Silver City, NM 88061 Phone: 538-4870

(Desert Sages cont' on next page...)

A health and social group designed for New Mexicans age 50 and above. Yearly membership includes opportunities for social interaction and informational health talks.

LOW VISION SUPPORT GROUP

Contact: Patricia Milligan

Phone: 388-1108

The group meets the second Tuesday of each month at 1 p.m. in the boardroom of Gila Regional Medical Center, 1313 E. 32nd St. The public is invited to attend.

MULTIPLE SCLEROSIS SUPPORT GROUP

Phone: 534-0609

E-mail: huseworld@yahoo.com

A group offering support in a caring group environment to people with multiple sclerosis, their caregivers, family members and anyone else interested. Meetings are the first Tuesday of the month at 11:30 a.m. Please call for current meeting location and more information.

NATIONAL ALLIANCE FOR THE MENTALLY ILL (NAMI)

Contact: Peter Swatzell 538-3205

A support group for consumers, families and friends of people with severe mental illness. Call for information.

PEOPLE LIVING THROUGH CANCER

Phone: 505-242-3262 Toll Free: 1-888-441-4439

www.pltc.org

(People Living through Cancer cont' on next page....)

A non-profit organization that offers support and education to cancer survivors, their families and friends. One-on-one emotional phone support.

PROSTATE CANCER SUPPORT GROUP

Phone: 388-1198

Support group for prostate cancer. Meets the third Wednesday of each month at 6:30 p.m. in the Gila Regional Medical Center Conference Room, 1313 E. 32nd St. Call for additional listings.

SENIOR LIFE CYCLE

Phone: 388-1198

jocohostetler@gmail.com

Senior advocacy group meeting the second Wednesday of the month at 3:30 p.m. at the Grant County Business and Conference Center, 3031 Hwy 180 East (next to Ace Hardware). Open to all community members.

UNA MANO AMIGA, CANCER PATIENT SUPPORT

Phone: 388-1857 Ext. 11

Supports and helps families in southwest NM with diagnosis or suspected diagnosis of cancer to navigate the health care system. Free service. Se habla espanol.

WIDOWED PERSONS SERVICE AND SUPPORT (AARP)

Contact: Donna Swigart, 538-9344

Group meets second Monday of each month at 11 a.m. at the Glad Tidings Church Fellowship Hall.
Newcomers welcome.

TRANSPORTATION:

ANGEL FLIGHT- NEW MEXICO WING

Phone: 1-888-426-2643 www.angelflightwest.org

Provides free non-emergency air transportation within 1000 miles of service area to medical treatment for people who cannot afford public transportation or cannot tolerate it due to health reasons. Medical or social worker please contact us on client's behalf.

CORRE CAMINOS TRANSIT

524 Silver Heights Blvd. Suite 1 Silver City, NM 88061 Phone: 388-3180

Toll Free: 1-866 WE GET ON (934-3866)

www.yoyotoms@yahoo.com

Public transportation service with fixed routes and door- to-door service with 24-hour notice (must call by noon the day before) in Silver City, Bayard, Hurley, Santa Clara, Arenas Valley, Tyrone, Gila/Cliff area, Mimbres Valley, Deming, and Lordsburg. JARC and TANF. ADA vans available for riders with disabilities and/or limited mobility. Cooperates with Grant County Senior Services for various programs.

CORRE CANTINAS

Phone: 388-1813

Grant County's designated driver. A safe ride home Fridays and Saturdays 5:30 p.m. – 1:30 a.m. \$3 each way.

ITM TRANSPORT

1345 E. Main St., Suite 200 Mesa, AZ 85203 (next page) Toll Free: 1-888-593-2052

Non-emergency transportation provided <u>only</u> to recipients of Molina Salud Medicaid. Gas reimbursement, meal and motel costs available. Reservations must be made two business days in advance.

PREMIER TRANSPORTATION

Phone: 1-877-323-9393

Medicaid, Amerigroup, Evercare, Molina and Lovelace Saluds. Non-emergency medical transportation.

SAFE RIDE

1040 N. Main Las Cruces, NM 88001 Toll Free: 1-800-797-7433

Non-emergency health care appointments for NM Medicaid, Presbyterian Salud and various other agencies. Arrangements must be made 24 hours in advance. Free for some Medicaid recipients. Call for more information.

SENIOR PROGRAMS, GRANT COUNTY

Phone: 388-2523, Transportation Manager

Non-emergency transportation to local medical appointments or pharmacies for area residents 60 yrs. and older. Can also arrange transportation to Silver Senior Center for lunch program. 24-hour notice required.

SILVER STAGE LINES

Toll Free: 1-800-522-0162

Passenger shuttle to Deming, Las Cruces, El Paso and El Paso Airport. Package Express Service. Reservations required. Two trips per day.

VETERANS (DISABLED) TRANSPORT SERVICES

Phone: 534-3090, 590-3172

Free van transportation Monday through Thursday to Albuquerque and El Paso for medical purposes. Rides must be scheduled the prior week.

WE CARE TRANSPORTATION

Phone: 1-877-419-4300

Medicaid, Molina and Lovelace Saluds, Evercare, Amerigroup clients. Non-emergency medical appointment transportation statewide. Wheelchair accessible.

UTILITY ASSISTANCE PROGRAMS:

LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Income Support Division 3088 32nd St. Bypass Suite A Silver City NM 88061

Phone: 538-2948

Assists income-eligible households by giving a one-time payment toward energy bills from October through August 31. Proof of income/history of energy bills, and picture I.D. required.

LOW INCOME TELEPHONE ASSISTANCE PROGRAM (LITAP)

<u>www.quest.com//tap</u> (Scroll to New Mexico Telephone Service Discount Application.)

The Quest Telephone Assistance Program (TAP) provides reduced phone bills for qualified customers. The Link-Up provides financial help with telephone service connection charges for qualified customers with required documentation. (Also see Public Regulation Commission on p. 8 for application.)

ST. FRANCIS NEWMAN CENTER & ST. VINCENT DE PAUL CATHOLIC CHURCHES

(See page 9)

VOLUNTEER OPPORTUNITIES:

AUXILIARY, GILA REGIONAL MEDICAL CENTER

Phone: 583-4197

Volunteers working in most areas of the hospital making a positive, caring difference in the lives of others.

FOSTER GRANDPARENT PROGRAM

Phone: 388-2522

Email: gloriabradford1@gmail.com

Provides services and one to one support for children at their schools. Applicants must be 55 years old and over and healthy. Seniors will receive a small tax-free stipend and must be willing to volunteer up to 20 hours per week.

PARTNERS FOR SENIORS

915 Santa Rita St. P.O. Box 416 Silver City, NM 88062 Phone: 388-2988

Companionship program for seniors. May include transportation to appointments, groceries and respite care.

RSVP VOLUNTEER PROGRAM

Phone: 388-2523 Ext. 13

Email: srvolunteer@qwestoffice.net

Provides seniors, 55 years and older, the opportunity to volunteer at various non-profit organizations

SENIOR COMPANION PROGRAM (SCP)

Phone: 388-2522

Email: gloriabradford1@gmail.com

Senior Companions are healthy older adults who help other adults live independently by providing assistance and friendship to homebound individuals. Applicants must be 55 years or over and healthy. Seniors will receive a small tax-free stipend and must be willing to volunteer up to 20 hours per week.

THE VOLUNTEER CENTER OF GRANT COUNTY

915 Santa Rita P.O. Box 416 Silver City, NM 88062 388-2988

Email: director@tvcgrantcounty.org

Matches volunteers to meet the needs of our Grant County community. Administers Partners for Seniors Program, Grant County Food Pantry, Mobile Food Pantry and develops resources related to volunteerism throughout the community. Takes application for CSFP Senior Commodities.

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NOTES

EMERGENCY ---- 911

Non-Emergency: Central Dispatch 388-8840 *Answered 24 hours a day and will refer to all locations below...*

Business hours only:

Bayard Police Dept.	537-3312
Bayard Fire Dept.	537-3311
Silver City Police Dept.	538-3723
Silver City Fire Dept.	538-2591
Cliff-Gila Sheriff	574-0100
Cliff-Gila Fire Dept.	535-2715
Fort Bayard Fire Dept.	537-5783
Fort Bayard Security	537-4858
Hurley Police Dept.	537-3220
Hurley Fire Dept.	537-2958
Laka Dahart Ambulansa	
Lake Robert Ambulance & Fire Dept	536-3100
& Fire Dept	536-3100 536-9311
& Fire Dept Lower Mimbres Fire Dept.	536-9311
& Fire Dept Lower Mimbres Fire Dept. Upper Mimbres Fire Dept.	536-9311 536-3680
& Fire Dept Lower Mimbres Fire Dept. Upper Mimbres Fire Dept. Mimbres EMS Mimbres Sheriff	536-9311 536-3680 536-3681
& Fire Dept Lower Mimbres Fire Dept. Upper Mimbres Fire Dept. Mimbres EMS	536-9311 536-3680 536-3681 574-0100
& Fire Dept Lower Mimbres Fire Dept. Upper Mimbres Fire Dept. Mimbres EMS Mimbres Sheriff Santa Clara Police Dept. Santa Clara Fire Dept.	536-9311 536-3680 536-3681 574-0100 537-5464 537-3780
& Fire Dept Lower Mimbres Fire Dept. Upper Mimbres Fire Dept. Mimbres EMS Mimbres Sheriff Santa Clara Police Dept.	536-9311 536-3680 536-3681 574-0100 537-5464