# SENIOR RESOURCE DIRECTORY

Grant County, NM 2013



(575) 388-1198 www.gcchc.org

# New Mexico Hotline

New Mexico Aging and Disability Resource Center (ADRC)

# 1-800-432-2080

They help with statewide community services, including:

- Benefits counseling: Social Security, Medicaid,
   Medicare and Veteran's benefits.
- Registration for CoLTs Waiver and Mi Via waiver.
- Prescription drug assistance.
- Community services: Independent living centers, legal services, homemaker assistance, senior centers, transportation and home delivered meals.
- Housing/Facility inquiries: Home modifications, assisted living and long-term care facilities.
- Caregiver resources: Respite care support groups and other caregiver resources.
- Adult Protective Services Intake

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# Dear Reader,

The Senior Life Cycle, as part of the Grant County Community Health Council, publishes this new update of the Senior Resource Directory in deep appreciation to all contributors and in total commitment to service to our community. As you use the Directory, feel free to make notes about corrections or additions and call us, 388-1198. Also, please note that the southwest New Mexico area code, if not noted, is 575.

All community members welcome to meet with us on the second Wednesday of each month from 3:30 p.m. – 5 p.m. at the Health Council offices, 214 Black St. (next to the courthouse).

Sincerely,
Connie A. Hostetler
Senior Life Cycle Coordinator

# **BENEFITS AND ASSISTANCE PROGRAMS:**

## **AGING & DISABILITY RESOURCE CENTER OF NM**

Toll Free: 1-800-432-2080

Statewide help line providing information on public benefits. Information on Medicaid, Medicare, supplemental income, and prescription drug programs, etc. See inside of front cover.

# ALZHEIMER'S ASSOC. RESPITE REIMBURSEMENT PROGRAM

Helpline: 1-800-272-3900 Phone: 575-647-3868

Provides financial assistance to primary caregivers affected by Alzheimer's disease or other related dementias. Simple application, eligibility not income based, up to \$300 a year.

#### AMERICAN RED CROSS

1301 E. Griggs

Las Cruces, NM 88001 Phone: 575-526-2631

Silver City Contacts: Ann Marie Simms, 535-5185;

Hosana Eilert, 313-1032

Provides disaster preparedness, response and recovery. Health and safety services such as CPR training. Emergency communications between armed forces and their families (1-800-951-5600).

# **FAMILY SUPPORT CENTERS (HMS)**

1007 N. Pope St. Silver City, NM 88061 Phone: 534-0248

Referrals to agencies that provide services for food, rent, Medicaid enrollment, sliding scale enrollment for HMS clinics, enrollment for Grant County Health Plan and much more.

#### **GOSPEL MISSION**

111 S. Texas

Silver City, NM 88061

Phone: 388-5071

Hours: Monday – Friday, 8:30 a.m. – 2 p.m.

Two meals served daily Monday through Friday.

Breakfast from 8 a.m. – 12 p.m. (noon) and lunch from 12 p.m. (noon) – 1 p.m. Thrift store. Sunday church service, 10:30 a.m. Limited clothing distribution available.

Commodities are available the third Thursday of the month, 1 p.m. – 2:30 p.m. Prior registration required with proof of income, residency, and photo ID. Must reregister once a year. By filling out a consent form, homebound individuals may have a friend do the pick-up. In addition, a food bag is available once a month. Women and children's shelter when available.

#### **GRANT COUNTY HEALTH PLAN**

Gila Regional Medical Center 1313 E. 32<sup>nd</sup> St. Registration Office #2 Silver City, NM 88061 GCHP Coordinator Phone: 538-4180

Toll Free: 1-866-574-4989

Assistance with hospital bills for people with or without insurance, including co-payments when eligible. Bilingual assistance available.

## HOUSING REHABILITATION PROGRAM

Phone: 534-6353

Provides home repair and rehab for eligible residents of the Town of Silver City. Homeowner occupied homes.

#### INCOME SUPPORT DIVISION

State of New Mexico, Human Services Department

3088 32<sup>nd</sup> St. Bypass Suite A

Silver City, NM 88061 Phone: 538-2948

Toll Free: 1-800-331-7311

See Resource Guide at: www.state.nm.us

Financial eligibility and application for food stamps, general and Institutional Medicaid (nursing home care), general assistance for the disabled, and applications for Low Income Home Energy Assistance Program (LIHEAP). (See page 35).

#### MEDICAID MANAGED CARE PROGRAMS

The New Mexico Human Services Department provides a choice between 2 companies for the management of all services available to Medicaid recipients. For information call:

# **Amerigroup**

Toll Free: 1-800-600-4441 www.amerigroup.com
United Health Care

Members: 1-877-702-5110

Prospective members: 1-888-834-3721

www.uhccommunityplan.com

# MEDICARE NATIONAL HOTLINE

Toll Free: 1-800-633-4227

Helps with questions on Medicare eligibility and prescription drug plans. Recommend calling during off hours for better response time.

# PUBLIC REGULATION COMMISSION

Toll Free: 1-888-427-5772 www.nmprc.state.nm.us

Assists with complaints about insurance, utilities, transportation, and telecommunications. Also distributes application for telephone assistance programs.

# **SENIOR PROGRAMS, GRANT COUNTY**

Administrative Office

P.O. Box 898, 2610 N. Silver St.

Silver City, NM 88062

Phone: 388-2523

Administers a variety of senior programs, such as Home Delivered Meals (See page 28), Senior Centers (See page 29) and Transportation (See Page 34).

#### SOCIAL SECURITY ADMINISTRATION

2141 Summit Court Las Cruces, NM 88011 Toll Free: 1-800-772-1213

www.ssa.gov

Retirement, disability, and supplemental security income.

# SOUTHWESTERN REGIONAL HOUSING AND COMMUNITY DEVELOPMENT

109 E. Pine #5

Deming, NM 88030

Phone: 575-546-1490

www.swnm.org

Weatherization assistance, home repair and rehabilitation for Grant County eligible residents outside of the town limits.

# ST. FRANCIS ASSOCIATES/NEWMAN CENTER

914 W. 13<sup>th</sup> St.

Silver City, NM 88061

Phone: 538-3662

Assistance with rent, utilities, food, gas, and prescription drugs to individuals who meet criteria. Maximum of \$100 assistance is limited to once a year, second and fourth Saturdays of the month at 8 a.m.

#### ST. VINCENT DE PAUL CATHOLIC CHURCH

420 W. Market St. Silver City, NM 88061

Phone: 538-9373

Non-perishable food, assistance with utilities and rent.

# **DISABILITIES PROGRAMS:**

#### HANDICAP LICENSE PLATES AND PLACARDS

Applications at State Motor Vehicle Division (MVD) 1876 Hwy 180 East, Silver City, NM 88061

Phone: 538-3281

800 Central Ave. (City Hall), Bayard, NM 88023

Phone: 537-5313

Applications on line: www.onlinedmv.com Select New Mexico, forms, form # MVD10382

# **LIFE QUEST**

907 N. Pope St.

Silver City, NM 88061 Phone: 388-1976 www.lifequestnm.org

Community based, non-profit organization empowering individuals and families with or at risk for developmental disabilities to maximize their independence and foster their integration within the community. Call for specific customized support.

# PERSONAL CARE OPTION PROGRAM (MEDICAID)

NM Aging and Long Term Services

Toll Free: 1-866-451-2901

The PCO program offers a range of services to consumers who are unable to perform some or all activities of daily living because of a disability or functional limitation.

Available to qualified individuals 21 years of age or older who are eligible for full Medicaid coverage.

# **VETERAN'S SERVICES, NEW MEXICO DEPT.**

Reggie Price, Officer 409 W. College Ave. Silver City, NM 88061 Phone: 538-2377

Assistance with all state and federal veteran benefits.

# **EDUCATION:**

# **ADULT EDUCATIONAL SERVICES (WNMU)**

500 E. 18<sup>th</sup> St. Silver City, NM Phone: 574-5101

GED, ESL, citizenship, computer classes. Call for additional offerings.

#### **BOOKS BY MAIL-RURAL SERVICES**

NM State Library

Toll Free: 1-800-395-9144 www.nmstatelibrary.org

Free book lending services for rural, homebound or visually impaired residents of New Mexico.

#### **CANCER RESOURCE LIBRARY**

Grant County Community Health Council 214 N. Black St.

Silver City, NM 88061 Phone: 388-1198

E-mail: healthcouncil@grmc.org

Reliable health information. Includes a variety of material on cancer prevention, diagnosis and treatment. Computers with internet access available.

#### **HEALTHREACH EDUCATION**

Gila Regional Medical Center

1313 E. 32<sup>nd</sup> St.

Silver City, NM 88061 Phone: 538-4826

E-mail: healthreachinfo@grmc.org

Provides in-patient and outpatient education services.

Outpatient offerings include classes and individual diabetes education. HealthReach staff includes Certified Diabetes Educators (CDEs) with experience in managing the needs of persons with chronic disease. Has registered dietician.

# LA VIDA FAMILY SUPPORT SERVICES (HMS)

Phone: 534-0248

Toll Free: 1-888-LAVIDA5 (1-888-528-4325)

Free chronic disease self-management educational classes. Resource center and referrals available at HMS Family Support Centers in Bayard, Cliff/Gila, Mimbres, and Silver City.

#### SMOKING CESSATION CONSULTATION

**Hidalgo Medical Services** 

Phone: 534-0248

One-on-one consultation for those trying to stop smoking. Available at HMS Family Support Centers in Bayard, Cliff/Gila, Mimbres and Silver City.

#### WESTERN NEW MEXICO UNIVERSITY

1000 W. College Ave Silver City, NM 88061

Phone: 538-6011, Toll Free: 1-800-872-9668

www.wnmu.edu

Offers discounts to seniors over 65. College classes are \$5 per credit hour for tuition. All other fees apply.

# WESTERN INSTITUTE FOR LIFELONG LEARNING (WILL)

Global Resource Center, 12<sup>th</sup> and Kentucky, 2<sup>nd</sup> floor Silver City, NM 88061

Hours: 9 a.m. – 3 p.m., Tuesday – Thursday

Phone: 538-6835

www.will-learning.com

Designs and offers a variety of innovative, interesting and challenging courses for those over 50. (All ages welcome). A fee of \$75 per year allows a member to take as many courses as desired. Many free programs are open to the public.

# **EMERGENCY:**

#### ADULT PROTECTIVE SERVICES

3082 32<sup>nd</sup> St. Bypass Suite B

Silver City, NM 88061 Phone: 534-0832

To make a report: 1-866-654-3219

Investigation and services provided on reports of abuse, neglect, and exploitation of vulnerable adults. 1-866 number used to initiate investigations or report abuse.

#### **EL REFUGIO**

800 S. Robert St.

Silver City, NM 88061

Phone: 538-2125, Toll Free: 1-888-538-2125

Email: executivedirector@eridv.org

Shelter, counseling, legal advocacy and education for victims of domestic violence. Classes offered for offenders.

# **NEW MEXICO POISON/DRUG INFORMATION**

Toll Free: 1-800-222-1222

# REVERSE 911, GRANT COUNTY REGIONAL DISPATCH AUTHORITY

www.grantcountynm.com

Register your phones, cell phones and email addresses to receive alerts of evacuations, emergency events, road closures and other significant events. If no computer, call 388-8840 to register for this free service.

# **SEXUAL ASSAULT SUPPORT SERVICES (SASS)**

Phone: 313-6203, 9 a.m. – 5 p.m., Monday – Friday

24-hour hotline: 1-866-750-6474

Provides crisis intervention along with advocacy and support for family and friends, information and referrals.

#### SUICIDE PREVENTION

Phone: 538-3488, Toll Free: 1-800-426-0997

# **EMPLOYMENT:**

# **DIVISION OF VOCATIONAL REHABILITATION (DVR)**

1622 E. Pine St.

Silver City, NM 88061

Phone: 538-5351

Assists individuals with disabilities who want to get back to work.

# WORKFORCE CONNECTION, Silver City (DEPT. OF WORKFORCE SOLUTIONS)

410 W. Broadway

Silver City, NM 88061 Phone: 575-538-3737

www.dws.state.nm.us or www.employnm.com

Business outreach services. Testing and assessment, resume assistance, training assistance, employment counseling, and assistance with job placement. Information on unemployment benefits.

# **EXERCISE:**

#### **ACTIVE AND ALIVE**

Phone: 313-0118

Free exercise classes, walking clubs, line dancing and other fun activities for those with limited mobility.

Available in Silver City and Bayard.

# **BILLY CASPER WELLNESS CENTER (GILA REGIONAL)**

300 16<sup>th</sup> St.

Silver City, NM 88061 Phone: 538-4844

Community state-of-the-art and well-maintained gym offering certified and experienced staff providing exercise guidance, personal training, and group fitness classes. Open swim time and water aerobics classes in therapeutic pools. Massage Therapy sessions with techniques such as Reiki, hot rock and cranial sacral.

# **EXTENSION SERVICE, GRANT COUNTY**

2610 N. Silver St.

Silver City, NM 88061 Phone: 388-1559

Provides NM State University research-based programs to Grant County residents such as the gentle exercise program, **STRONG WOMEN, STRONG BONES**, a Tuft's University exercise program to keep women independent longer: Monday, Wednesday, & Friday at 9:30 a.m. Call for information on nutrition and gardening tips.

# FOREST SERVICE HIKING AND OUTDOOR ACTIVITIES (U.S. GOVERNMENT)

Phone: 388-8201

Email: bltorres@fs.fed.us

Call for information on the Gila National Forest.

#### **SENIOR OLYMPICS**

Contact: Mario Quintana

Phone: 590-2352

Sporting events from A to Z for age groups 50 to 100 years old, track events, talent shows, and games such as archery, air guns and bowling. Practice all year for a chance to go to state competition in late summer.

# **OTHER HEALTH CLUBS AND FITNESS:**

SEE YELLOW PAGES

# **HEALTH CARE:**

#### **BORDER AREA MENTAL HEALTH SERVICES**

315 S. Hudson St., Suite 6

P. O. Box 1349

Silver City, NM 88062

Phone: 388-4412

Toll Free: 1-800-426-0997

Counseling and mental health services. Alcohol and substance abuse treatment program. Day program dedicated to recovery (New Beginnings). Comprehensive Community Support Service (CSW) can offer mentors or coaches to assist with understanding services such as social security issues, advance directives and other legal issues. Private pay, Medicaid, and sliding scale.

# BREAST & CERVICAL CANCER EARLY DETECTION PROGRAM OF NEW MEXICO

Toll Free: 1-877-852-2585

Provides free annual health exams to women over 30 who meet requirements. The well-woman health exams include PAPs and mammograms. Follow-up biopsy studies are also covered under this program.

#### **DEAF & HARD OF HEARING STATE COMMISSION**

Toll Free: 1-800-489-8536

Phone: 575-525-1037 (Las Cruces)

TTY: 575-525-1027 www.cdhh.state.nm.us

Provides education, advocacy and various programs.

# **DENTAL SERVICES, DONATED**

Toll Free: 1-866-263-0671 www.nmdentalfoundation.org

A program for New Mexicans that serves low-income people whom are permanently disabled or whom are 60 years old and above. Call for availability.

# **EYE CARE AMERICA**

Phone: 877-887-6327

Phone answered 7 a.m. – 11 a.m., Monday – Friday

On-line only: www.eyecareamerica.org

Free eye exam with follow-ups for one year for seniors 65 years and older who have not seen an eye doctor for 3 years or more and who have no benefits through the VA. Will not pay for glasses, prescription or hospital fee.

# FORT BAYARD MEDICAL CENTER/STATE VETERAN'S NURSING HOME

42 Ft. Bayard Rd.

P. O. Box 293

Santa Clara, NM 88026

Phone: 537-3302

Toll Free: 1-800-541-6966

A not-for-profit, state owned skilled nursing, intermediate and long-term care facility. Contact Adrian Duran, 537-8636.

#### GILA REGIONAL MEDICAL CENTER

1313 E. 32<sup>nd</sup> St.

Silver City, NM 88061

Phone: 538-4000

Patient Advocate, Jesse DouBrava: 538-4026

A not-for-profit county-owned acute care hospital. Services include emergency room, 24-hour laboratory services, inpatient behavioral health unit, surgical center, cancer treatment center, nuclear medicine, sleep lab and many more.

#### **GOSPEL MISSION**

114 S. Texas

P. O. Box 5198

Silver City, NM 88061

Phone: 388-5071

Medical services: Free medical clinic first Monday evening of the month for those in need. Call for an appointment, 388-0184.

#### **HEAR NOW**

6700 Washington Ave. S.

Eden Prairie, MN 55344

Toll Free: 1-800-648-4327

The Starkey Hearing Foundation provides hearing aids to those with very limited financial resources. Eligibility includes U.S. residency, income and asset guidelines, and an application process. Call for more information.

Automated.

#### **HIDALGO MEDICAL SERVICES**

A non-profit community health center organization that provides health care services to southwest New Mexico. Provides slidingscale fee reduction to qualifying individuals. The individual must bring proof of income and other documentation to qualify for sliding scale fee.

# **HMS – Silver City Community Health Center**

1007 N. Pope St.

Silver City, NM 88061

Phone: 388-1511

# **HMS - Bayard Community Health Center**

805 Tom Foy Blvd. Bayard, NM 88023 Phone: 537-5068

# HMS - Cliff/Gila

411 State Hwy 211 Gila, NM 88038

Phone: 535-4384

# **HMS – Mimbres Valley Clinic**

2743-B Hwy 35 N. / P.O. Box 358

Mimbres, NM 88049 Phone: 536-3990

# **HMS – Copper Medical**

3185 Leslie Rd.

Silver City, NM 88061

Phone: 388-3393

# **HMS – Mental Health Services**

1007 N. Pope St.

Silver City, NM 88061

Phone: 388-1511

#### **LIONS CLUB**

P. O. Box 561 Silver City, NM 88062

Financial assistance for eye exams and eyeglasses to those who qualify. Contact your local eye care provider or Hidalgo Medical Services (534-0248) for application.

# **MEDICATION ASSISTANCE PROGRAM (MAP)**

# **HMS Family Support Centers**

1007 N. Pope St.

Silver City, NM 88061

Phone: 534-0248

Hours: Friday, 9 - 11 a.m.

Call HMS 534-0248 for additional locations in Bayard, Cliff/Gila, and Mimbres.

# **Silver Health Care**

1600 E. 32<sup>nd</sup> St.

Silver City, NM 88061 Phone: 956-1330

Hours: Wednesday, 9 - 11 a.m.

Helps people with low income and no prescription insurance to apply for low or no cost prescription drugs.

May be able to help with Medicare D questions.

## NURSE ADVICE NEW MEXICO

Toll Free: 1-877-725-2552

Provides 24-hour, seven days a week line offering free and confidential call-in advice from highly qualified registered nurses for all your medical concerns.

# PUBLIC HEALTH DEPARTMENT (NM HEALTH DEPT.)

2610 N. Silver St.

Silver City, NM 88061

Phone: 538-5318

Services provided: vital statistics (birth certificates) and breast and cervical cancer program for qualifying seniors.

During flu season will give flu shots.

# VETERANS ADMINISTRATION SILVER CITY OUTPATIENT CLINIC

1302 E. 32<sup>nd</sup> St.

Silver City, NM 88061

Phone: 538-2921

Primary and preventive care along with information and referral services to other VA facilities when necessary. Post Traumatic Stress Disorder (PTSD) counseling and assistance. By appointment only.

# YUCCA LODGE (FORT BAYARD)

Phone: 537-3465

Chemical dependency treatment, approx. 28 days.

# **HOME SAFETY:**

# **EMERGENCY RESPONSE SYSTEMS**

**AlertOne 300 Series Communicators** 

Melinda's Medical Supply 910 E. 32<sup>nd</sup> St.

Silver City, NM 88061

Phone: 534 4013

Wireless activated personal emergency response system available in both digital and voice communicators.

# **HOUSING:**

# **NURSING HOME/ASSISTED LIVING:**

# To report abuse/neglect/exploitation in nursing homes:

Department of Health Incident Reporting Hotline Toll Free: 1-800-752-8649

Ombudsman Services Phone: 575-647-2023 Toll Free: 1-800-762-8690 www.nmaging.state.nm.us

Provides assistance with concerns or complaints about the care in nursing homes and assisted living facilities.

# SANTA CLARA ASSISTED LIVING

15 Ft. Bayard Rd. Santa Clara, NM 88026 Phone: 537-3077

Contact: Olga Amador

Provides 24-hour care, medication assistance, meals, and assistance with bathing and dressing, housekeeping, laundry.

# FORT BAYARD MEDICAL CENTER/STATE VETERAN'S NURSING HOME

**Long-Term Care and Rehabilitation Center** 

Phone: 537-3302

Toll Free: 1-800-541-6966 (See Page 15)

#### MILLIE'S ASSISTED LIVING

600 N. Hudson St. Silver City, NM 88061

Phone: 534-9172

www.milliescenter.com

Provides 24-hour care, respite care, medication assistance, meals, assistance with bathing and dressing, housekeeping, laundry.

#### SILVER CITY CARE CENTER

Skilled Nursing Facility 3514 N. Fowler Ave. Silver City, NM 88061

Phone: 388-3127

Provides long-term, skilled and rehabilitative services.

# **SUNSET VISTA - Assisted Living**

3650 N. Fowler Ave. Silver City, NM 88061 Phone: 538-9095

Provides 24-hour care, respite care, medication assistance, meals, assistance with bathing and dressing, housekeeping, laundry.

# **INDEPENDENT LIVING:**

## CANTADA CREEK

2850 Pinos Altos Rd. Silver City, NM 88061

Phone: 388-3004 or 538-1862

Must be 55 years old or over. Spaces rented, owner occupied. Doublewide mobile homes.

#### **PINON PARK**

Rowland Development Company

P.O. Box 2966

Silver City, NM 88062

Phone: 313-1700

A senior housing community for persons aged 55 and over. Located in Silver City – one block north of  $35^{th}$  St. and Mann Ave. Senior family homes for rent only beginning at \$995 per month.

# WORKFORCE/AFFORDABLE HOUSING

Contact: Mike Ely Phone: 534-6353

A Silver City housing development of over 50 single family homes located at 10<sup>th</sup> St. and Mt. View Rd. Income requirements apply. Call for information.

# **SUBSIDIZED HOUSING:**

#### **BAYARD HOUSING AUTHORITY**

P.O. Box 768

Bayard, NM 88023

Phone: 537-2296 Fax: 537-2296 e-mail jpadilla@bayardhousing.org

70 units of public housing for elderly and low-income households.

#### CASA LINDA APARTMENTS

100 E. 17<sup>th</sup> St.

Silver City, NM 88061

Phone: 388-3755

41 unit apartment complex designed exclusively for low income elderly (62 years and over), handicapped and/or disabled.

#### **HOUSING AUTHORITY - REGION V**

2545 N. Silver St.

P.O. Box 3015

Silver City, NM 88062

Phone: 388-1974

Housing for elderly and low-income households who qualify.

# **HOUSING AND URBAN DEVELOPMENT (HUD)**

Santa Clara Housing Authority

214 N. Mineral

Santa Clara, NM 88026

Phone: 537-3041

Public housing for elderly and low-income households. First preference to persons over 55 and/or disabled.

# **INFORMATION:**

# AARP

Toll Free: 1-888-687-2277

Local Chapter #1496: 388-2545

www.aarpnm.org

AARP is a nonprofit, nonpartisan membership organization for people age 50 and over. Silver City group meets at the Senior Center, 205 West Victoria, on the third Monday, 1 p.m. Annual free tax preparation assistance two months before the April 15 deadline. Call the Senior Center @ 388-2545 for more information.

# **ALCOHOLICS ANONYMOUS (AA)**

1616 E. Hwy. 180 Phone: 388-1802

AA is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

# **IN-HOME CARE:**

## **HOME HEALTH & HOMEMAKERS:**

#### ANGELWINGS COORDINATED CARE

HC 61 Box 416

Glenwood, NM 88039

Phone: 575-539-2227 Fax: 575-539-2225

Toll Free: 1-866-808-8064

Homemaker services, respite. Medicaid and private pay.

Serving 5 counties including Grant County.

#### COORDINATED HOME HEALTH

1315 N. Pope St.

Silver City, NM 88061

Phone: 388-0222

Homemaker services, Medicaid Personal Care Option and CoLTs and Private Pay. Serving Grant and Luna Counties.

#### GILA REGIONAL HOME CARE SERVICES

Gila Regional Medical Center

2814 Hwy. 180 E.

Silver City, NM 88061

Home Health: 574-4948

Services include skilled nursing, wound care, post surgery care, IV therapy, ostomy teaching, catheter care, maternal/child care, medical social services, physical therapy, occupational therapy and home health aides. Accepts Medicare, Medicaid, private insurance or private pay. Financial assistance for those who qualify.

# HELPING HANDS OF LINCOLN COUNTY INC.

P.O. Box 493

Capitan, NM 88316

Phone: 575-354-4291

Services include Medicaid Personal Care Option, homemaker care and private pay personal care. Serves Grant, Hidalgo, Luna and Catron Counties.

#### HORIZON HOME HEALTH

1260 East 32<sup>nd</sup> St Silver City NM 88061 Phone: 388-1801

Fax: 388-2742

Services include skilled nursing, physical therapy, and home health aide assistance. Accepts Medicare, Medicaid, private insurance, and private pay. Financial assistance for those who qualify.

# **HOSPICE:**

#### GILA REGIONAL MEDICAL CENTER HOSPICE

2814 Hwy. 180 E.

Silver City, NM 88061 Phone: 574-4934

Toll Free: 1-877-775-9596

Provides a supportive team approach with skilled nurses, nurse aides, homemakers, respite care, grief counseling, chaplain services, and medical social services. Hospice volunteer training classes available.

#### HORIZON HOSPICE

2584 N. Silver St. Bldg. A Silver City, NM 88061

Phone: 534-1800 Fax: 388-1768

Toll Free: 1-877-534-1801

Provides comfort care for terminally ill individuals in their own home. Services include experienced RNs, nurse aides, volunteers, homemakers, grief counseling, massage therapy, and music therapy. Provides medication for diagnosis and needed equipment. Contracts with assisted living facilities.

# **LEGAL ASSISTANCE:**

#### BETTER BUSINESS BUREAU OF THE SOUTHWEST

Toll Free: 1-800-873-2224

www.bbbsw.org

Provides business reliability reports and mediates consumer complaints.

#### LAW ACCESS NEW MEXICO

Toll Free: 1-800-340-9771

Attorneys answer questions for low-income New Mexicans with civil legal problems.

#### LAWYER REFERRAL FOR THE ELDERLY

State Bar of New Mexico Lawyer Referral for the Elderly Program P.O. Box 92860

Albuquerque, NM 87199 Phone: 505-797-6005

Toll Free: 1-800-876-6657, Option 1

Provides legal advice on qualifying legal issues, information, and referrals to New Mexico residents 55 years of age or older on qualifying legal issues.

## **NEW MEXICO LEGAL AID**

301 West College Avenue, Suite 17 Silver City, NM 88061 Toll Free: 1-866-224-5097 www.nmlegalaid.org

Represents low-income people. Offers legal advice regarding public benefits (cash assistance, food stamps, Medicaid, general assistance). Landlord/tenant problems.

## FRAUD:

#### NEW MEXICO SECURITIES DIVISION

2550 Cerrillos Rd.

Santa Fe, NM 87505

Phone: 505-476-4575, Toll Free: 1-800-704-5533

www.rld.state.nm.us/securities

Provides protection information from fraud and financial abuse. Check before you invest. All broker-dealers and investment advisors must be registered.

# **MEDICAL SUPPLIES:**

**SEE YELLOW PAGES** 

# **NUTRITION RESOURCES:**

#### COMMODITIES

The following are the distribution sites in Grant County for commodities. Prior registration is required. Proof of income, residency, and photo ID are required to register. Must re-register after 6 months. Call location for more information.

# **GOSPEL MISSION** (Silver City)

Phone: 388-5071

Distribution usually third Thursday of each month. (See

Page 5)

# **RIO MIMBRES BAPTIST CHURCH (Mimbres)**

Phone: 536-9543

Distribution second Wednesday of the month, 1-3 p.m.

Emergency food also available. Call for details.

# **SENIOR COMMODITIES**

Phone: 388-2988

Senior commodities are distributed every other month on the second Tuesday. Two locations: Santa Clara Armory from 10 a.m. – 12 p.m. (noon) and the Silver City Recreation Center from 1 p.m. – 3 p.m. Call for details, including eligibility requirements and deliveries to

Mimbres or Gila Senior Centers.

# **FOOD CO-OP, SILVER CITY**

520 N. Bullard Silver City, NM 88061

Phone: 388-2343

Must be a Co-op member for delivery services. Groceries purchased will be delivered free if homebound, elderly, or otherwise in need. Organic produce and bulk foods available. Orders should be placed with Carolyn by Tuesday before 5 p.m. Groceries are delivered Thursday between 12 p.m. (noon) – 4 p.m.

#### **FOOD PANTRY**

The Volunteer Center/Silver City Food Co-Op 313 Texas St. and San Vicente Silver City, NM 88061

Phone: 388-2988

Food boxes and emergency food. First Saturday of each month, 10 a.m. - 12 p.m. (noon) and last Wednesday of each month, 4 p.m. - 6 p.m. Call for information.

#### FOOD STAMPS

(See Income Support Division Page 6)

#### GOSPEL MISSION

(See Page 5)

# MEALS ON WHEELS (GRANT CO. SENIOR PROGRAMS)

Phone: 388-2523

Home-delivered weekday lunches are provided to persons 60 years and older who qualify. Anyone meeting the criteria of being at-risk nutritionally, regardless of income, is eligible. Donations are encouraged.

#### ST. FRANCIS NEWMAN CENTER

914 W. 13<sup>th</sup> St. Phone: 538-3662

Provides food for qualified people on Mondays at 4 p.m.

Supplies are limited.

# ST. VINCENT DE PAUL CATHOLIC CHURCH

420 W. Market St. Phone: 538-9373

Non-perishable food for anyone needing help.

#### **TEFAP COMMODITIES**

300 Block of S. Texas

Food distributed same times as the Food Pantry (see p. 28). Documentation required: Photo ID, Proof of residence and income.

# **SENIOR CENTERS:**

Provide congregate meals to persons 60 years or older. Reservations are required and donations encouraged. Also provide a place to socialize and participate in activities. Call the centers for more information.

#### GRANT COUNTY SENIOR PROGRAMS

Administrative Office

Phone: 388-2523 (See Page 7)

#### SILVER CITY SENIOR CENTER

205 W. Victoria St. Phone: 388-2545

# SANTA CLARA SENIOR CENTER

107 N. F St.

Phone: 537-5254

#### GILA SENIOR CENTER

403 Hwy 211

Phone: 535-2888

#### MIMBRES SENIOR CENTER

2620 Hwy 35

Phone: 536-9990

## **HURLEY COMMUNITY CENTER**

302 Carrasco Ave. Phone: 537-5756

Senior meal site, 11:30 a.m. - 12:30 p.m.

# **SUPPORT GROUPS:**

# **ALZHEIMER'S/PARKINSON'S SUPPORT GROUP**

Support group for families of Dementia/Alzheimer's patients. Meets Tuesdays from 1 p.m. – 3 p.m. at the Silver City Senior Center, 205 W. Victoria and on Saturdays from 10 a.m. – 12 p.m. (noon) in the hospital Board Room. Call Maggie for information, 574-4934, 388-4539. (See Page 5 under Benefits and Assistance Programs for respite care reimbursements for caregivers).

#### CANCER HOTLINE

Toll Free: 1-800-227-2345

#### CO-DEPENDENCE ANONYMOUS

Phone: 388-2425

The support group for co-dependency and those recovering from it. Meets Wednesday evening at 6:30 p.m. at A Daily Practice, 3845 N. Swan St.

#### COMPASSIONATE FRIENDS

P.O. Box 4002 Silver City, NM 88062

Phone: 313-7362

tcfswnm@hotmail.com

A non-profit support group which offers friendship, understanding, and hope to grieving parents, siblings and grandparents after the loss of a child, sibling or grandchild of any age. Call for more information.

# CORAZONES UNIDOS, CARDIAC SUPPORT GROUP

Contact: Frank Ogas Phone: 590-2578 my96fx@hotmail.com

Support for those who have suffered a major heart event. Meeting the third Thursday of the month from 6 – 7 p.m. at the Board Room in Gila Regional Medical Center, 1313

F. 32<sup>nd</sup> St.

#### DESERT SAGES

Gila Regional Medical Center 1313 E. 32<sup>nd</sup> St.

Silver City, NM 88061 Phone: 538-4870

A health and social group designed for New Mexicans age 50 and above. Yearly membership includes opportunities for social interaction and informational health talks.

## LOW VISION SUPPORT GROUP

Contact: Patricia Milligan

Phone: 388-1108

The group meets the second Tuesday of each month at 1 p.m. in the boardroom of Gila Regional Medical Center,

1313 E. 32<sup>nd</sup> St. The public is invited to attend.

## MULTIPLE SCLEROSIS SUPPORT GROUP

Phone: 534-0609

E-mail: huseworld@vahoo.com

A group offering support in a caring group environment to people with multiple sclerosis, their caregivers, family members and anyone else interested. Meetings are the first Tuesday of the month at 11:30 a.m. Please call for current meeting location and more information.

# NATIONAL ALLIANCE FOR THE MENTALLY ILL (NAMI)

**Dona Ana County** 

PO Box 1737, Las Cruces, NM 88004

Phone: 575-386-6890 State of New Mexico

Phone: 505-260-0154 email: naminm@aol.com Local Contact: Catherine Harding, 538-3205

Resources for consumers, families and friends of people with severe mental illness. Call for information.

#### PEOPLE LIVING THROUGH CANCER

Phone: 505-242-3263 Toll Free: 1-888-441-4439

www.pltc.org

A non-profit organization that offers support and education to cancer survivors, their families and friends. One-on-one emotional phone support.

#### PROSTATE SUPPORT GROUP

Phone: 388-2331

Meets the third Wednesday of the month from 6:30 – 7:30 p.m. in the Conference Room of Gila Regional Medical Center, 1313 E. 32<sup>nd</sup> St.

#### SENIOR LIFE CYCLE

Phone: 388-1198

jocohostetler@gmail.com

Senior advocacy group meeting the second Wednesday of the month at 3:30 p.m. at the Health Council Offices, 214 Black St. (next to the Courthouse).

#### SILVER ADULT CARE SERVICES

Phone: 313-0118

Local not-for-profit group working to serve care-giving families by coordinating access to safe, supervised, fun day-care for their dependent seniors.

# WIDOWED PERSONS SERVICE AND SUPPORT (AARP)

Contact: Sally Wofford, 537-3643

Group meets second Monday of each month at 11 a.m. at the Glad Tidings Church Fellowship Hall. All welcome.

# **TRANSPORTATION:**

#### ANGEL FLIGHT- NEW MEXICO WING

Toll Free: 1-888-426-2643 www.angelflightwest.org

Provides free non-emergency air transportation within 1000 miles of service area to medical treatment for people who cannot afford public transportation or cannot tolerate it due to health reasons. Medical or social worker please contact us on client's behalf.

#### **CORRE CAMINOS TRANSIT**

524 Silver Heights Blvd. Suite 1 Silver City, NM 88061

Phone: 388-3180

Toll Free: 1-866 WE GET ON (934-3866)

roselindartz@yahoo.com

Public transportation service with fixed routes. Door-to-door service available in Silver City, Bayard, Hurley, Santa Clara, Arenas Valley, Tyrone, Gila/Cliff area, Mimbres Valley, Deming, and Lordsburg with 24-hour notice (must call by noon the day before. ADA vans available for riders with disabilities and/or limited mobility. Cooperates with Grant County Senior Services for various programs.

#### **CORRE CANTINAS**

Phone: 388-1813

Grant County's designated driver. A safe ride home Fridays and Saturdays 5:30 p.m. – 1:30 a.m. \$3.50 each way. Available in Bayard, Santa Clara, Silver City, Hurley, Tyrone, Arenas Valley and Hanover.

#### ITM TRANSPORT

1345 E. Main St., Suite 200

Mesa, AZ 85203

Toll Free: 1-888-593-2052

Non-emergency transportation provided only to recipients of Molina Salud Medicaid. Gas reimbursement, meal and motel costs available. Reservations must be made two business days in advance.

#### PREMIER TRANSPORTATION

Phone: 1-877-323-9393

Medicaid, Amerigroup, United Health Care, Molina and Lovelace Saluds. Non-emergency medical transportation.

#### **SAFE RIDE**

1040 N. Main

Las Cruces, NM 88001

Toll Free: 1-800-797-7433

Non-emergency health care appointments for NM Medicaid, Presbyterian Salud and various other agencies. Arrangements must be made 24-hours in advance. Free for some Medicaid recipients. Call for more information.

# SENIOR PROGRAMS, GRANT COUNTY

Phone: 388-2523, Transportation Manager

Non-emergency transportation to local medical appointments or pharmacies for area residents 60 years and older. Can also arrange transportation to Silver Senior Center for lunch program. 24-hour notice required.

#### SILVER STAGE LINES

Toll Free: 1-800-522-0162

Passenger shuttle to Deming, Las Cruces, El Paso and El Paso Airport. Package Express Service. Reservations

required. Two trips per day.

# **VETERANS (DISABLED) TRANSPORT SERVICES**

Phone: 590-3172, 590-0240

Free van transportation Tuesday - Thursday to Albuquerque and El Paso for medical purposes

#### WE CARE TRANSPORTATION

Phone: 1-877-419-4300

Medicaid, Molina and Lovelace Saluds, Evercare, Amerigroup clients. Non-emergency medical appointment transportation statewide. Wheelchair accessible.

# **UTILITY ASSISTANCE PROGRAMS:**

# LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP)

Income Support Division 3088 32<sup>nd</sup> St. Bypass Suite A Silver City NM 88061

Phone: 538-2948

Assists income-eligible households by giving a one-time payment toward energy bills from October through August 31. Proof of income/history of energy bills, and picture I.D. required.

# LOW INCOME TELEPHONE ASSISTANCE PROGRAM (LITAP)

Toll Free: 1-866-642-0444

www.centurylink/tap (Scroll to New Mexico Telephone

Service Discount Application.)

The CL Telephone Assistance Program (LITAP) provides reduced phone bills for qualified customers. The Link-Up provides financial help with telephone service connection charges for qualified customers with required documentation (food stamps, Medicaid card, tax forms etc.). (See Public Regulation Commission on Page 6 for application).

# ST. FRANCIS NEWMAN CENTER & ST. VINCENT DE PAUL CATHOLIC CHURCHES

(See Page 7)

# **VOLUNTEER OPPORTUNITIES:**

# **AUXILIARY, GILA REGIONAL MEDICAL CENTER**

1313 E. 32<sup>nd</sup> St.

Silver City, NM 88061

Phone: 538-4074, Karen Boyer, Volunteer Coordinator

Email: auxiliary@grmc.org

Provides opportunities to help in most areas of the hospital, as well as the Billy Casper Wellness Center and Hospice, to make a positive, caring difference in the lives of others. Volunteers are expected to work one, 4-hour shift per week. Choose from a long list of meaningful tasks based on experience and interest.

#### FOSTER GRANDPARENT PROGRAM

Phone: 388-2522

Email: gloriabradford1@gmail.com

Provides services and one to one support for children at their schools. Applicants must be 55 years old and over. Seniors will receive a small tax-free stipend, if eligible, and must be willing to volunteer up to 20 hours per week.

#### PARTNERS FOR SENIORS

The Volunteer Center

501 E. 13<sup>th</sup> St.

P.O. Box 416

Silver City, NM 88062

Phone: 388-2988

Companionship program for seniors. May include transportation to appointments, groceries and respite care.

# **SENIOR COMPANION PROGRAM (SCP)**

Phone: 388-2522

Email: gloriabradford1@gmail.com

Senior Companions are older adults who help other adults live independently by providing assistance and friendship to homebound individuals. Applicants must be 55 years or over. Seniors will receive a small tax-free stipend if eligible and must be willing to volunteer up to 20 hours per week.

# THE VOLUNTEER CENTER OF GRANT COUNTY

501 E. 13<sup>th</sup> St.

P.O. Box 416

Silver City, NM 88062

Phone: 388-2988

Email: director@tvcgrantcounty.org

Matches volunteers to meet the needs of our Grant County community. Administers Partners for Seniors Program, Grant County Food Pantry, Mobile Food Pantry and develops resources related to volunteerism throughout the community. Accepts application for CSFP Senior Commodities.

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## **EMERGENCY SUPPLY KIT**

The American Red Cross recommends every family have an emergency supply kit assembled long before a wildfire or other emergency occurs. Use the checklist below to help assemble your kit. For more information on emergency supplies, visit the American Red Cross Web site at <a href="https://www.redcross.org">www.redcross.org</a>.

	Three-day supply of water (one gallon per person per day).
□ (thi	Non-perishable food for all family members and pets ree-day supply).
	First aid kit.
	Flashlight, battery-powered radio, and extra batteries.
□ che	An extra set of car keys, credit cards, cash or traveler's cks.
	Extra eyeglasses or contact lenses.
	Important family documents and contact numbers.
	Prescriptions, special medications and/or extra medical plies.
	Family photos and other irreplaceable items.
	Easily carried valuables.
	Personal computers, cell phones and chargers.

# EMERGENCY ---- 911

# Non-Emergency: Central Dispatch 388-8840

Answered 24-hours a day and will refer to all locations below...

# Business hours only:

Bayard Police Dept.	537-3312
Bayard Fire Dept.	537-3311
Silver City Police Dept.	538-3723
Silver City Fire Dept.	538-2591
Cliff-Gila Sheriff	574-0100
Cliff-Gila Fire Dept.	535-2715
Fort Bayard Fire Dept.	537-5783
Fort Bayard Security	537-4858
Hurley Police Dept.	537-3220
Hurley Fire Dept.	537-2958
Lake Robert Ambulance	
Lake Nobel CAllibalance	
& Fire Dept	536-3100
	536-3100 536-9311
& Fire Dept	
& Fire Dept  Lower Mimbres Fire Dept.	536-9311
& Fire Dept  Lower Mimbres Fire Dept.  Upper Mimbres Fire Dept.	536-9311 536-3680
& Fire Dept  Lower Mimbres Fire Dept.  Upper Mimbres Fire Dept.  Mimbres EMS	536-9311 536-3680 536-3681
& Fire Dept  Lower Mimbres Fire Dept.  Upper Mimbres Fire Dept.  Mimbres EMS  Mimbres Sheriff	536-9311 536-3680 536-3681 574-0100
& Fire Dept  Lower Mimbres Fire Dept.  Upper Mimbres Fire Dept.  Mimbres EMS  Mimbres Sheriff  Santa Clara Police Dept.	536-9311 536-3680 536-3681 574-0100 537-5464