

Personal Training Package Prices

COMMUNITY

Charge per ONE-session:

	<u>1 Person</u>	<u>2 people</u>	<u>3 people</u>	<u>4 people</u>
One Hour	\$50	\$90	\$120	\$140
½ Hour	\$30			

Charge per FIVE-sessions:

	<u>1 Person</u>	<u>2 people</u>	<u>3 people</u>	<u>4 people</u>
<u>One Hour:</u>	\$240 <i>(\$48/Session)</i>	\$430 <i>(\$86/Session)</i>	\$570 <i>(\$114/Session)</i>	\$660 <i>(\$132/Session)</i>
<u>½ Hour:</u>	\$140 <i>(\$28/Session)</i>			

Charge per TEN-sessions:

	<u>1 Person</u>	<u>2 people</u>	<u>3 people</u>	<u>4 people</u>
<u>One Hour:</u>	\$450 <i>(\$45/Session)</i>	\$820 <i>(\$82/Session)</i>	\$1,080 <i>(\$108/Session)</i>	\$1240 <i>(\$124/Session)</i>
<u>½ Hour:</u>	\$250 <i>(\$25/Session)</i>			

No make-up sessions for Group Personal Training (if one person does not make appointment)

Fitness Assessment included in package

